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Moving and Handling Equipment Guide for the disabled person, carers, and advocates.



Typical moving and handling aids which may be appropriate for people with disabilities and a range of moving and handling needs.

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Typical moving and handling aids which may be appropriate for people with disabilities and a range of moving and handling needs

Flexi disk



A flexible turntable which is placed under the disabled person's bottom, either in bed or in the chair to help the person to rotate around.

Handling belt



A handling belt is placed around the disabled person's waist to assist with standing and walking. **The handling belt must not be used as a 'lifting belt'.**

Handling sling



A handling sling is usually a piece of fabric with handles. It can be used to reposition people in the chair or in conjunction with a slide sheet to slide the disabled person up the bed.

One way glide sheet



A one way glide sheet is fabric sheet which is designed to stop the disabled person from sliding down in the chair or bed.

It is important to note that lack of movement can increase the risk of pressure sores as the disabled person will find it difficult to move in order to relieve pressure.

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Transfer board



A transfer board can be made of wood or plastic. It is used to enable the disabled person who can no longer stand, to move from one surface to another. For example moving from a chair to a wheelchair.

Flat slide sheets



Flat slide sheets can be used as single slide sheet or in pairs. Using two slide sheets across the bed to can assist the disabled person when getting into bed.

Roller slide sheet



Roller slide sheets are slide sheets which are sewn together in a continuous roll. They can be used to turn a disabled person in bed. Roller slide sheets can be effectively used in conjunction with hoist sling, to assist when putting slings on.

Rota stand



A rota stand is a mechanical piece of equipment which consists of a solid turn table at the base with an upright handle attached. It enables the carer to assist the disabled person to transfer through 90°. For example, transferring from a wheel chair to a toilet.

Hoist sling



A hoist sling is to be used with a hoist. The sling is attached to the hoist and enables the person to be moved from one position to another. The risk assessor and carers must make sure that the sling is compatible with the hoist.

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Standaid hoist



A standaid hoist enables the partially weight bearing person to be hoisted from one position to another. The standaid hoist cannot be used to lift from the floor. The risk assessor and carers must make sure that the sling is compatible with the hoist.

Overhead tracking hoist



The overhead tracking hoist is used when the disabled person is no longer able to weight bear. It is often used when there is limited floor space.

Like other hoists is used to transfer the person from one position to another. The risk assessor and carers must make sure that the sling is compatible with the hoist.

Mobile hoist



A mobile hoist is used when the disabled person is not longer able to weight bear the disabled person to be hoisted from one position to another. The mobile hoist can be used to lift from the floor. The risk assessor and carers must make sure that the sling is compatible with the hoist.

Profiling bed



A profiling bed may be necessary if the disabled person has more complex needs and us very often used with a hoist has been advised by the risk assessor.

The bed will enable the carer to assist the disabled person more easily as it allows the person to be positioned by using the electric handset.

Bed rails



Bed rails (commonly referred to as cot sides) is used to support the person who may fall out of bed.

Bed raise should not be used to keep a person in bed who wishes to get out of bed.