



2011

Person-centred Holistic Assessment in Challenging Situations

Moving and Handling Trainer's Update



Person-centred approach to Moving and Handling practice

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Aim

Course Aim

The overall aim of this course is to enable organisations to meet the requirements of the Health and Safety at Work Act and Manual Handling Operations Regulations by providing the participants with the skills and knowledge to enable them to deliver moving and handling training to staff and carers.

The focus of the course will be to encourage the trainers to view good moving and handling practice as a way of enabling disabled people to continue to live fulfilling lives.

The course will enable the trainers to instruct the disabled person and provide advice and guidance about the moving and handling activities they are involved in.

This course was designed for Health and Social Care professionals who are involved in moving and handling of people in community settings, or educational providers who wish to widen their knowledge of the diversity of moving and handling theory. The course is designed to complement traditional moving and handling training courses

It is aimed at professionals who wish to develop moving and handling practices which are more person-centred. The learners will become more knowledgeable about Person Centred Legislation and Guidance, such as The Human Rights Act, the Mental Capacity Act and The Equality Act.

The delivery style during the training course will be relaxed and interactive

The course facilitator is and the developer of The PHACS Approach is Sondra Butterworth MSc., BSc. Hons., RGN., PGCE., P.G. Cert. Back Care.

This course is mapped against the standards set out by the Institute of Leadership & Management : Coaching and training your work team (M3.18)

1. Understand training appropriate to the workplace
2. Understand how to coach an individual in an organisation

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One Day Programme

9.30 am - 9.45am	Registration and introductions
9.45am – 10.00am	Ice breaker: Learning outcomes
10am – 10.45am	Legislation and guidance <ul style="list-style-type: none">• The Health and Safety Regulations• Person Centred Legislation
10.45am – 11.00am	Break
11.00am –11.30pm	The effective trainer <ul style="list-style-type: none">• Training skills: learning styles – carer and service user• Training competence: observation and feedback• Training standards – training records and evaluation
11.30pm – 12.15pm	Person-centred approach to moving and handling training. <ul style="list-style-type: none">• <i>What factors do you need to take into consideration when providing advice and training to:</i><ol style="list-style-type: none">1. <i>A service user</i>2. <i>A new carer</i>3. <i>A family carer or Personal Assistant</i>4. <i>An Experienced carer</i><i>Consider physical, social/cultural or psychological / behavioural factors</i>
12.15pm – 1.00pm	Lunch
1.00am – 1.30pm	Specialist handling situations <ul style="list-style-type: none">• <i>Challenging behaviour</i>• <i>Person centred risk assessment</i>
1.30pm - 2.15pm	<i>Moving and handling the low risk person (using effective communication)</i> <ul style="list-style-type: none">• <i>Normal movement</i>• <i>Sitting to standing</i>• <i>Escorted walking</i>
2.15pm- 3.00pm	Transferring the medium risk person (using effective communication) <ul style="list-style-type: none">• Lateral transfers• Standing transfer• Bed manoeuvres
3.00pm – 3.15pm	Coffee
3.15pm – 4.00pm	Moving and handling the high risk person Fear and the hoist Hoisting chair to chair
4pm – 4.15pm	Final questions Evaluation
4.30pm	FINISH